

# Back to Basics

## Throw Ropes



Remember to always have your personal flotation device on, even in practice as it will reinforce the need for PFD's on all water rescues, to start the throw open the bag so the rope will easily deploy

Throw ropes are an excellent tool for water rescue, they provide a quick, relatively safe means to extricate a victim from both swift and static water situations

When practicing with throw ropes, it is essential to be able to get multiple throws with one rope, practice throwing the rope bag in front of the target, if it is unsuccessful recoil the rope quickly then re-throw the rope



Throw ropes can be easily practiced as a company drill, simple go to the parking lot or apparatus ramp, identify stream direction and have the crew practice throwing ropes to a "mock victim." Have guys practice in their PFD's to add realism to the training

